## POTTER VALLEY SCHOOL MENU

## OCTOBER 2024

Fruit, Vegetables and 8 oz Nonfat or 1% milk offered With Lunch. There will always be a vegetarian choice.

Sunday	Monday		Tuesday		Wednesday		Thursday		Friday			Saturday	
Daily Breakfast options: Fruit, Yogurt Parale, Cornel			1	Pizza Bagel Taco's Spanish Rice beans	2	Mini Pancakes  Cheese Ravioli Cesar Salad fruit	3	Breakfast Burrito  Orange Chicken Chow Mein	4	Cinnamon Roll Pizza Cesar Salad	Federa US Dep Agricul this ins prohib discrin the ba	ordance to il Law and it. of lture policy, stitution is ited from nination on sis of race, national	
Bagels, Cereal Juice  Daily Lunch		Biscuit & Gravy		Fruit  Breakfast Pizza		Garlic Bread French Toast		Broccoli Fruit Breakfast		Fruit	origin, disabil	rigin, sex, age or isability.	
options: Sandwiches	7	Cheeseburger McRib Sandwich	8	Pork Nachos Spanish Rice	9	Chicken Alfredo Cesar Salad	10	Sandwich Corn Dogs	11	Pizza Cesar Salad			
		Fries Vegetables Fruit		Vegetable Fruit		Fruit Garlic Bread		Chicken Nuggets fries Vegetables Fruit		Fruit Dessert			
Junior High and High School	14	Biscuit & Gravy  Chicken Burger	15	Pizza Bagel Chicken Crispitos Refried Beans	16	Egg Bites  Beefy Macaroni Cesar Salad	17	Breakfast Burrito  Teriyaki Chicken Fried Rice	18	Cinnamon Rol Pizza	l		
Salad Bar will be offered daily		McRib Sandwich Fries Vegetables Fruit		Spanish Rice Fruit		Fruit Garlic Bread		Broccoli Fruit		Cesar Salad Fruit Dessert			
	21	Biscuit & Gravy Cheeseburger McRib Sandwich	22	Refried Beans	23	Waffles Chicken Pesto Cesar Salad Fruit Garlic Bread	24	Breakfast Sandwich Grilled Cheese Soup Vegetables Fruit	25	Cinnamon Ro Pizza Cesar Salad	ll		
		Fries Vegetables Fruit		Spanish Rice Fruit						Fruit Dessert			
	28	28 Chicken Burger McRib Sandwiches Fries Vegetables Fruit	29	Breakfast Bagel Taco's Refried Beans Spanish Rice Fruit	30	Assorted muffin Lasagna Cesar Salad Fruit Garlic Bread	31	Breakfast Burrito  Pizza Cesar Salad Fruit Dessert	1	1 NO SCHOOL			

## POTTER VALLEY PRESCHOOL BREAKFAST MENU

## OCTOBER 2024

FRUIT, VEGETABLES AND 8 OZ NONFAT OR 1% MILK OFFERED WITH LUNCH. THERE WILL ALWAYS BE A VEGETARIAN CHOICE.

Sunday Monday			Tuesday		Wednesday		Thursday		Friday	Saturday		
			1	ZUCCHINI BREAD FRUIT MILK	2	BAGEL FRUIT MILK	3	PANCAKES JUICE FRUIT MILK	4	CEREAL EGG FRUIT MILK	Federal US Dept. Agriculti this insti prohibite discrimination of the the basis color, na	ure policy, itution is ed from nation on s of race, itional ex, age or
	7	CEREAL CHEESE FRUIT MILK	8	MUFFIN JUICE FRUIT MILK	9	YOGURT GRAHAM FRUIT MILK	10	FRENCH TOAST FRUIT MILK	11	CEREAL EGG FRUIT MILK	10	
	14	CEREAL CHEESE FRUIT MILK	15	CINNA BUN JUICE FRUIT MILK	16	FRENCH TOAST FRUIT MILK	17	WAFFLES FRUIT MILK	18	CEREAL EGG FRUIT MILK		
	21	CEREAL CHEESE FRUIT MILK	22	ZUCCHINI BREAD JUICE FRUIT MILK	23	BAGEL FRUIT MILK	24	PANCAKES FRUIT MILK	25	CEREAL EGG FRUIT MILK		
	28	CEREAL CHEESE FRUIT MILK	29	APPLE BITES JUICE FRUIT MILK	30	YOGURT GRAHAM FRUIT MILK	31	CEREAL EGG FRUIT MILK	1	NO SCHOOL		